

Introduction

Welcome. We are committed to helping children who have asthma, and their families. Our promise is to help you and your child understand what asthma is and how you can control it. Our goal is that your child will live a normal life, making it possible for your child to enjoy all of life's pleasures.

The goals of good asthma care are to

- Be free of asthma symptoms
- Go to school everyday
- Participate in all sports and activities
- Be able to sleep through the night
- Avoid unplanned doctor's office visits
- Avoid emergency room visits or stays in the hospital
- See that parents do not miss work because of their child's asthma

